



# The Hour

November 3,  
2019

## The Cathedral of the Most Blessed Sacrament

9844 Woodward Avenue Detroit, MI 48202 313-865-6300

Web: [cathedral.aod.org](http://cathedral.aod.org) Facebook: @cathedral.aod

Giving: [cathedral.aod.org/online-giving](http://cathedral.aod.org/online-giving)

Twitter: @DetroitCathedra

Instagram: [blessedsacramentcathedral](https://www.instagram.com/blessedsacramentcathedral)

## 2019-20 Ministry Opportunities Listing

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### To Do:

Please read through this whole booklet and pray about and consider **choosing a NEW ministry** to get involved in along with any ministries you are already participating in! Fill out your form today and give it to an usher, or take it home to fill out. We ask for at least a one year commitment. Please contact the listed ministry coordinator if you have questions.

**Please be sure to turn in your commitment form TODAY or at least on/by November 10.** You will be contacted by Dec. 1. If you do not hear from us by then, please call 313-865-6300.

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### Important:

All adult volunteers (18 and over) working with children or seniors in any capacity must complete a free, 3 hour **Protecting God's Children** workshop. Workshops are continually offered around the Archdiocese of Detroit. Teens who are 17 or younger and working with children need to complete a **Called to Serve** workshop in order to volunteer. Many classes are offered every month.

A calendar and registration are available at [www.virtus.org](http://www.virtus.org). If you need help registering, let us know.

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## The Cathedral Visioning Team Nominations!

The Cathedral Visioning Team is an active, influential, and productive team which helps our parish move forward with Unleashing the Gospel. The CVT meets periodically during the year to set short-term, achievable goals which will be carried out via Action Teams. The CVT consists of the pastor, his staff leadership team, and four other persons from the parish. From those four, a chair, co-chair, and secretary will serve 3-year terms and rotate up and out.

It's now time to nominate a new person to step in as Marcella Verdun transitions out.

### Today, you will be asked to nominate at least one parishioner

who you believe would be willing and able to serve on our Cathedral Visioning Team to Unleash the Gospel. You may nominate yourself. All eligible nominees will be contacted to confirm or turn down the opportunity to be chosen from the pool of candidates. The new Cathedral Visioning Team member will then be chosen "from a hat" at Mass on Sunday, November 17.

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## CHRISTIAN SERVICE

Contact Camille Graves-Douglas at 313-865-6300.

**St. Vincent DePaul (SVDP):** an international organization of Christian service, offers tangible assistance to those in need on a person-to-person basis. It is this personalized involvement that makes the work of the Society unique and the practice of sharing resources across geographic boundaries (Twinning) so effective. Vincentians bring a wide variety of gifts to share with each other and with our brothers and sisters in need. We are energized by the awareness that service to others is in fact an encounter with our Lord. Although the Cathedral of the Blessed Sacrament no longer has a SVDP Conference, services are provided to this community through the St. Moses the Black SVDP Conference. All from the Cathedral are welcome to join as members, associates, or volunteers.

This Conference addresses requests from our neighbors to secure shelter as best we can. Seasonally, some volunteers are trained to interview clients and submit requests to avoid utility service interruption to the Michigan Emergency Assistance Program through special SVDP connections.

We distribute a very limited numbers of SVDP Store vouchers to those who need home furnishings, but nothing upholstered, no beds and no appliances. Frequently individuals contact us with these items to donate. Volunteers are needed to transport these things from donor to recipient. All are welcome to attend and explore how you can assist the Society.

**Holiday Meals on Wheels:** On 5 holidays a year (Easter, Memorial Day, Labor Day, Thanksgiving and Christmas) beginning at 7:30am, teams home-deliver meals to seniors. Normal delivery route of 10 clients is strategically mapped. Usually done by noon. Great for family participation! Each route requires a driver and "jumper." Boxes are heavy so you must be able to carry.

**Food Pantry Pickup, Organization, and Distribution:** Volunteers needed both Tuesdays and Wednesdays from 8am to 3pm. On Tuesdays, pick up donations from suburban parishes and/or Gleaners, either in the church van or private vehicles. Then return to St. Moses to sort and shelve items. On Wednesday mornings, meet in the pantry to assemble bags; work to distribute the bags from noon to 2pm.

**St. Moses Clothes Closet:** Volunteers secure, sort, and distribute donations for the closet which provides clean, new or gently used clothing and simple items to our neighbors in need. Closet operates Wednesdays from noon to 2pm. Flexible hours.

**Giving Tree:** Sort all the Giving Tree donations by size and gender, and escort our guests during their selection process. On a selected weekday during the week before Christmas.

**Coats for Kids:** Winter coats, hats, and gloves are gathered throughout the fall and distributed in the winter. Solicit donations and/or help with the distribution event.

**Adopt a Family for Christmas:** Go to [ccsem.org/adoptfamily](http://ccsem.org/adoptfamily) to make a donation.

**Focus HOPE:** To volunteer with Focus Hope, contact their office at 313-494-5500 or visit [www.focushope.edu](http://www.focushope.edu)

**Visiting the Homebound:** Call and visit a few members as frequently as is prudent for both parties, taking communion and spending time in prayer. Training provided.

**Stephen Ministry Applicant:** Trained Stephen Ministers provide confidential, Christ-centered care to people going through tough times. Twice a month the team gathers for consultation and continuing education. Sometimes the team makes a referral to an appropriate professional. Check the box on the sign-up form to have a conversation about applying.

### Funeral Luncheons:

**Callers** - If you like to work from home, this is the job for you! Use the established donor list to mobilize the acquisition of needed foods and supplies. Guidelines are provided to assist you in determining how much food is needed. Takes about an hour.

**Make/Donate Food** - You will be called on a rotating, as needed basis to donate a dessert or other item for lunch.

**Set up, Serve and/or Clean Up** – Warm and cheerful assistance on the day of the luncheon.

**Luncheon Coordinator** – Jumpstart the others and assist with item procurement. Oversee luncheon.

**Bereavement Letter Writer:** Send quarterly notes of encouragement and prayer to grieving families for a period of one year. You will be on a rotation list and would receive about 5 addresses a year.

## LITURGY

Contact Anna Romano at 313-883-2862 unless otherwise noted.

**Altar Server:** Trained altar server minister on Sundays and Holy Days. Dependable persons who have (at least) started third grade and received first communion can volunteer.

**Baptism Assistant:** Prepare the materials, greet the families, and assist the presider during the baptism. Baptisms are usual during Mass for parishioners and at 1:30 pm Sundays for visitors.

**Sew Baptismal Garments** Help welcome a child into the parish by providing the white garment used during the rite of baptism. Sew from a very pattern with materials provided.

**Children's Liturgy Leader:** Adults and Teens lead children in unfolding the scriptures at a level they can understand weekly during Mass from October through May. Leaders are asked for a once or twice a month commitment on a rotating basis.

**Lector:** Lectors bring the Scriptures to life for all to hear at Mass. Mastery of public speaking is essential for proclaiming the Word of God. Frequency will depend upon the number of volunteers.

**Usher:** Friendly, helpful minister of hospitality at regular weekend liturgies, concerts, funerals, and large Archdiocesan events. Teams rotate weekends; special events have independent choice

**Extraordinary Minister of the Eucharist:** As active, confirmed teen and adult members of the parish, these ministers offer their services at whichever Mass they are attending. Mandatory training provided.

**Church Environment:** Contact: Devon McElroy 313-883-2866 unless otherwise noted.

**Environment Assistant:** Help prepare the church for the major liturgical seasons.

**Pew Maintenance:** Wash pews with Murphy's Oil Soap and remove wax from fabric.

**Gifts of Talent in Building Trades:** Carpentry/plumbing/electrical/HVAC. Requires proper licensing.

**Cathedral Clean Up with Fellowship:** Deep clean in good company - with refreshments after!

**Cathedral Grounds & Flowerbeds:** Weed, plant, prune, and such seasonally.

**Watering Assistant:** Water the plants inside and out, as the season requires.

**Sewing Assistant:** Occasional help is needed to sew various decorative items.

**Sacristan:** About once a month, prepare the church for Mass, neaten the sacristy and sanctuary after Mass, and properly clean the vessels. Must arrive 25 min. before Mass and stay after. Training provided.

**Laundry sacristans:** Launder the altar linens (and sometimes albs) on a rotating basis. Each week of your assigned month, get linens from the Sacristy, wash, iron, and returned for the next weekend.

**Funerals:** Contact Christine Broses at 313-883-2863

**Committal Assistance** – Help the presider at the funeral liturgy and then accompany the family to the cemetery to lead final prayers of Committal. Training provided.

**Lead Prayers at Funeral Wake** - Lead prayers at the funeral home the evening before a funeral. Training provided.

**Wedding Liturgy Assistant:** Co-direct wedding rehearsals and be present at weddings to see that all runs smoothly. 8-10 weddings with rehearsals per year. Interested *applicants* please check the box on the sign-up form. Contact: Mary Morasso 313-883-2868.

## ACTION TEAMS

Contact Christine Broses at 313-883-2863

**Action Team Member:** Work steadily and responsibly throughout the year to enact the goals set by our Cathedral Visioning Team. Choose to focus specifically on one area: *Encounter, Grow, Witness, or Sunday Experience.*

## FAITH FORMATION & EVANGELIZATION

Contact Marian Bart at 313-883-2869

**Adult Bible Study or Book Study Leader:** Facilitate study of Scripture or a Catholic book. You and your group decide the topic and timing; we help with the resources, advertising, registration, and support.

**Alpha Leader:** Facilitate a table at our Alpha program next Fall **or** lead a series in your own home, favorite diner, or in a the Cathedral meeting room.

**Missionary Outreach:** Reach out to our neighbors to share the love of Jesus. Some folks “hit the streets” and some pray by the tabernacle or from home. Timing depends on the seasons.

## MUSIC

**Archdiocesan Chorus:** This resident choir of the Archbishop of Detroit and forum for sacred vocal music includes advanced parish choir singers and music directors singing Gregorian chant, Renaissance, classical, Romantic, and modern choral music. Rehearsals are Monday evenings September-June. Performances at major diocesan liturgies and concerts. For more info or to audition, visit [aod.org/chorus](http://aod.org/chorus). Check the box on the sign-up form to converse about auditioning.

**Cathedral Chorale:** The parish choir of Blessed Sacrament includes men and women from the parish with some sight-reading ability singing a wide range of sacred music, with emphasis on Gregorian chant and Gospel. Rehearsals at 9:30am on Sundays, followed by 11am Mass. Also solemn liturgies with the Archbishop. For more info or to audition, check the box on the sign-up form or contact Joe Balistreri 313-237-5782.

**The Cathedral Choir Academy of Detroit:** an after school choral music program welcoming children of all faiths, grades 3 - 9. Rehearsals take place at Blessed Sacrament Cathedral every Tuesday from 4:30 - 6:30 p.m. The choir sings monthly at the 11 AM Mass. Contact: Susan Lindquist 313-883-2867 and/or visit the website: [www.cathedral.aod.org](http://www.cathedral.aod.org)

## ADULT FAITH AND ACTION

**Knights of Columbus:** A fraternal group of Catholic men who support their priests and parishes in faith and charity. Contact: Main Office 313-865-6300

**The Knights of Peter Claver Ladies' Auxiliary:** Practicing Catholic women who provide outreach in the community while practicing friendship, unity, and Christian charity. To learn more about applying, please check the box on the sign-up form. Contact: Latoya Hall-King 313-443-6793

**Altar Society:** Pray and serve for the spiritual growth, evangelization, and wellbeing of our parishes, the extended community, and ourselves. Contact: Marcella Verdun 313-491-2878.

## ADMINISTRATION AND HOSPITALITY

**Cathedral Front Desk Volunteer:** Friendly and welcoming folks who answer phones, take accurate messages, and provide for needs at the door, including answers and direction. Contact: Canary Erving 313-883-2860.

**Cathedral Sunday Hospitality:** Families or teams of 2 or 3 host a Sunday Coffee Hour: providing, preparing, serving, and clearing up a lunch after Mass in Room B. Contact: Odell Roberts 313-883-2865.

**Tour Docents:** Use provided materials, training, and your own personal style to lead groups through the historic and beautiful Cathedral. Weekday availability a plus. Contact: Marian Bart 313-883-2869

**Bake for Marriage Workshops or Other Events:** We need your culinary skills! We will call when the need arises, approximately 3 times a year – based on your availability. Contact: Mary Morasso 313-883-2868 or Marian Bart 313-883-2869.

**Decorating/Set Up for Marriage Workshops or Other Events:** Help decorate/set up for Marriage Workshops held 3 times a year at the Cathedral, for Alpha on Mondays, etc. Contact: Mary Morasso 313-883-2868 or Marian Bart 313-883-2869.

**Tablecloth and Kitchen Linen Maintenance:** Pick up and launder up to a dozen tablecloths a few times a year and/or launder kitchen towels weekly. Contact: Odell Roberts 313-883-2865.

**Office Help for Wedding Coordinator:** We need a volunteer to record our marriages, fill out marriage licenses, and other similar duties. Day and times can be worked out with wedding coordinator. Careful typing skills helpful. Contact Mary Morasso 313-883-2868.

## The Week Ahead

**MONDAY, November 4**

- 8:00 AM Mass for **Maria Cristine Kilates**
- 9:30 AM Holy Hour
- 6:30 PM AOD Choir Rehearsal
- 6:30 PM Alpha

**TUESDAY, November 5**

- 8:00 AM Mass for **Maria Cristina Kilates**
- 12:00 PM Fr. JJ's Bible Study
- 12:00 PM Guest House Meeting
- 4:00 PM Children's Choir
- 5:00 PM HBEA Meeting

**WEDNESDAY, November 6 Office Closed**

- 8:00 AM Mass for **Maria Cristina Kilates**
- 5:00 PM Store House of Hope Annual Dinner

**THURSDAY, November 7**

- 8:00 AM Mass for **Maria Cristine Kilates**
- 11:00 AM AA Meeting
- 5:00 PM Wedding Rehearsal
- 5:30 PM Belmont Block Club Meeting
- 6:00 PM Wedding Rehearsal

**FRIDAY, November 8**

- 8:00 AM Mass for **Maria Cristina Kilates**
- 9:30 AM Catholic Foundation of Michigan
- 5:00 PM Wedding

**SATURDAY, November 9**

- 8:00 AM Mass for **Fr. Matt Hood**

**SUNDAY, November 10**

- 9:00 AM Choir Rehearsal
- 11:00 AM Mass Rite of Welcome  
**Mass for Parishioners & Visitors**
- 4:00 PM John-Baptiste Recital

## All Are Welcome

**Sacraments & Devotions**

**Eucharistic Adoration**

Whenever office is open; in the chapel. Use office doors.

**Exposition of the Eucharist**

Every Monday 9:30 to 10:30 AM. Use cloister door.

**Exposition of the Eucharist & Anointing Mass**

Every 1st Friday: 7 AM Exposition; 8 AM Mass

**Group Prayer of the Rosary**

Every 3rd & 5th Sunday: 10:30 AM in chapel

**Reconciliation (Confession)**

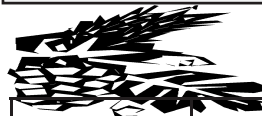
1st Sunday of the month at 10 AM or by appointment

**Baptism**

By appointment; please call the office.

**Anointing of the Sick**

Please call (313) 865-6300. For **life-and-death emergencies** after hours, call the line and follow the emergency instructions.



### Intentions of the Week

Repose of	Harold Williams Sr.	Request by Williams Family
Intentions of	Vanessa Fitzpatrick	Request by Mitch & Joan Zajchowski

	extension	
Mech, Very Rev. J.J.	Use 2863	Rector / Pastor <span style="float: right;"><i>Email C. Broses</i></span>
Van Dyke, Rev. Mr. Michael	TBD	Deacon
Staff emails use this formula: <a href="mailto:last.first@aod.org">last.first@aod.org</a> . Ex: <a href="mailto:frentrup.donna@aod.org">frentrup.donna@aod.org</a> For direct line to staff below, outside callers may dial 313-883-xxxx		
Balistreri, Joe	2867	Music Director
Bart, Marian	2869	Evangelization Coordinator
Broses, Christine	2863	Pastoral Associate
Erving, Canary	2860	Office Administrator
Frentrup, Donna	2861	Operations Coordinator
Graves-Douglas, Camille	2860	Christian Service <span style="float: right;"><i>No email available</i></span>
Lindquist, Susan	2867	Cathedral Choir Academy Director
Marshall, Cheryl	2860	Receptionist
McElroy, Devon	2866	Facilities Managers (Trinity Solutions)
Morasso, Mary	2868	Wedding Coordinator
Roberts, Odell	2865	Office Administrator, Bulletin Editor
Romano, Anna	2862	Liturgy Coordinator
<b>Archbishop Allen Vigneron can be reached at his mailing address: 12 State Street Detroit, MI 48226</b>		

<h3>Office Hours</h3>
<b>Mon, Tues, Thurs</b> 9:00 AM - 7:00 PM
<b>Wednesday</b> Closed
<b>Friday</b> 9:00 AM - 1:00 PM
<b>Saturday</b> 9:00 AM - 1:00 PM
<b>Sunday</b> 9:00 AM - 11:00 AM